

F.H. & L.

Faith, Hope and Love, and the Greatest of These is Love

A Mini-Newsletter From Your Family at Oakhurst United Methodist Church



OAKHURST UNITED METHODIST CHURCH

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LOVING GOD, LOVING OTHERS, LOVING LIFE

**Our Mission is to make disciples, nurture disciples,
and spread the Kingdom of Christ.**

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Hello to our Friends and Family,
Isn't it funny how words suddenly seem to pop up over and over in a short period of time? In devotionals and other readings, the word Paraclete has been reappearing for the last week or so. For those of us who aren't familiar with "Paraclete", it is another name for the Holy Spirit.

For all of us being "filled with the Holy Spirit" is a phrase we have heard most of our Christian lives. Paraclete adds another dimension to the Holy Spirit. It comes from the Greek word parakletos meaning comforter or advocate. The Paraclete is our helper promised by Jesus.

Last Sunday on Pentecost Pastor Nathan read the following scripture, ¹"When the day of Pentecost had come, they were all together in one place. ²And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. ³Divided tongues, as of fire appeared among them, and a tongue rested on each of them. ⁴All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability." (Acts 2:1-4)

That wonderful tongue of fire that we have invited to live in each of us is the Paraclete. God and Jesus living in our hearts, minds and souls. The aspect of God who helps us make the right decisions. He intercedes when we ask for forgiveness of our sins. He comforts us when we are scared or have lost a loved one. The Paraclete, the Holy Spirit, teaches us and directs us minute by minute through each day. If we are open to Him, He will empower us to jump the hurdles when God wants us to soar.

Some denominations are known for their invitation time during a service, "Come, ask for the Holy Spirit to fill your soul." To other denominations it is just accepted that as a believer you have made room in your heart for the Holy Spirit to fill you up. Maybe now, in this place, in this time it is the moment to listen to the Paraclete in your heart. Let Him speak to you in the quiet of your soul. Let him be your helper, comforter and advocate. Accept Him.

In His Joy,
Your Pastors and Staff

²⁵ "I have said these things to you while I am still with you. ²⁶ But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything, and remind you of all that I have said to you. ²⁷ Peace I leave with you; my peace I give to you.

John 14:25-26

But I tell you the truth:
It is for your good that I am going away.

Unless I go away, the
Counselor

will not come to you;
but if I go, I will send him to you.

JOHN 16:7

Our Garden Angels are once again working to improve the planting areas around our church. We are desperately in need of pine bark nuggets, or donations to help purchase some. Bags of pine bark nuggets and or donations may be dropped off at the Church office between 9:00 am and 12:30 pm.

Notes From our Parish Nurse, Margaret Strickland

FOODS TO DONATE TO FOOD BANK AND/OR HOMELESS

The following foods are great to donate for a food bank and or homeless:

- *Canned Tuna
- *Canned Salmon
- *Canned Chicken
- *Lentils
- *Brown Rice
- *Quinoa
- *Kidney beans
- *Canned vegetables
- *Canned fruit
- *Peanut Butter
- *Crackers, Crackers with peanut butter or cheese
- *Granola/Cereal bars
- *Fruit snack or applesauce cup
- *Cereal (with minimal amount of sugar)
- *Milk (Horizon in cartons is a great source of calcium and perfect for food banks)
- *Nuts
- *Soups

Do not donate foods that are expired. Do not donate foods that are in dented, bulging, or rusted cans. Do not donate fresh fruit, bread or anything that will spoil.

Remember people who use food banks may have young children. Senior citizens with special dietary needs also use food banks. Limiting sugar and salt in foods should be considered.

If you have any questions about foods to donate, check with the person in charge of the food bank or you may ask a nutritionist. The local Department of Health may also be able to answer your questions.

Tales of the Temple the new booklet by Dr. Frank Leeds, III is now available for a donation of \$10. All proceeds support our Baby Basics ministry.

SAVE THE DATE

Please watch for more information on our June 20, 2020 **Drive Through Food Drive**.



If you want to start stocking up on items requested from the pantry check out Margaret's list on the left.

NOT EVERYTHING IS CANCELLED

sunshine is not cancelled
spring is not cancelled
love is not cancelled
relationships are not cancelled
reading is not cancelled
naps are not cancelled
devotion is not cancelled
music is not cancelled
dancing is not cancelled
imagination is not cancelled
kindness is not cancelled
conversations are not cancelled
hope is not cancelled



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"The HOLY SPIRIT is:
powerfully loving,
commandingly joyful,
actively peaceful,
compellingly patient,
emphatically kind,
intensely good,
infallibly faithful,
potently gentle, and
vigorously self-controlled.

Who wouldn't want to know a Person like this?"

(By Susan Rohrer, from THE HOLY SPIRIT)

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