

# ***F.H. & L.***

**Faith, Hope and Love, and the Greatest of These is Love**

**A Mini-Newsletter From Your Family at Oakhurst United Methodist Church**



## **OAKHURST UNITED METHODIST CHURCH**

13400 Park Blvd., Seminole, FL 33776  
[www.oakhurstumc.com](http://www.oakhurstumc.com)

727-391-4769  
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LOVING GOD, LOVING OTHERS, LOVING LIFE

**Our Mission is to make disciples, nurture disciples,  
and spread the Kingdom of Christ.**

Rev. Dr. Tim Ehrlich, Co-Pastor  
[tehrlich@aol.com](mailto:tehrlich@aol.com)

Rev. Nathan Carlson, Co-Pastor  
[ncarlson@oakhurstumc.com](mailto:ncarlson@oakhurstumc.com)

**Freedom from Want, also known as The Thanksgiving Picture or I'll Be Home for Christmas**, is the third of the Four Freedoms series of four oil paintings by American artist Norman Rockwell. The works were inspired by United States President Franklin D. Roosevelt's 1941 State of the Union Address, known as Four Freedoms.

The painting was created in November 1942 and published in the March 6, 1943 issue of The Saturday Evening Post. All of the people in the picture were friends and family of Rockwell in Arlington, Vermont, who were photographed individually and painted into the scene. The work depicts a group of people gathered around a dinner table for a holiday meal. Having been partially created on Thanksgiving Day to depict the celebration, it has become an iconic representation for Americans of the Thanksgiving holiday and family holiday gatherings in general.





# BEAT THE HOLIDAY BLUES

The Holiday Season Is Upon Us!

2020 is a year like no other.

These can be stressful times, full of anxiety, worrying about being safe and healthy, your finances and trying to do too much. This can all lead to what is known as the “Holiday Blues.”

A few helpful tips...

**Try to maintain your normal routine.** A normal routine will help you stay balanced and avoid stress.

**Don't be alone if you don't want to be.** Reach out to family and/or friends to see what plans they have. If you don't have family and/or friends in town, look for events in your neighborhood or someplace to volunteer. Remember to practice Social Distancing and Wear Your Mask.

**Stick to your budget.** Finances can easily make you feel overwhelmed. Create a budget you can work with and don't feel terrible if you go over that budget.

**Ask for help.** It is easy to get overwhelmed and take on too much. Don't be afraid to ask your family and friends for assistance.

*“Come to me, all you who labor and are heavily burdened, and I will give you rest.” Matthew 11.28*



**Saturday, November 21: UMW Pecan Sale**

**Saturday, November 21: Touch-Less Food Drive**

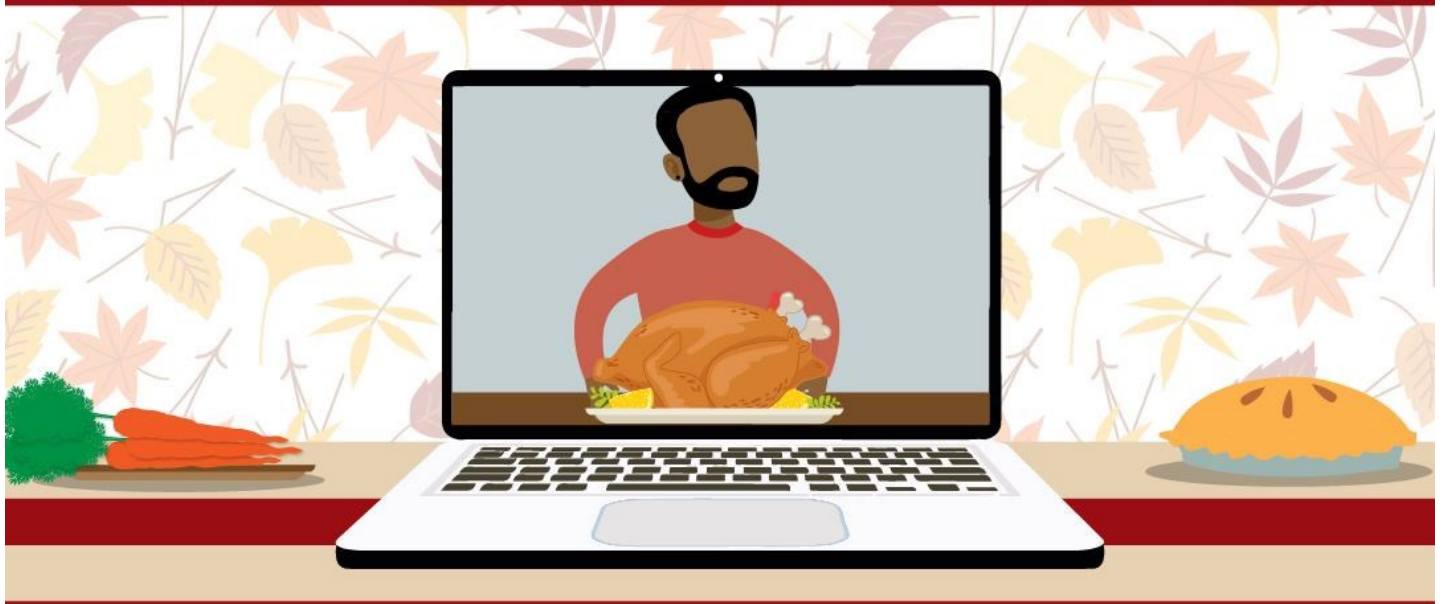
**Thursday, November 26 - Friday, November 27:**

**Office Closed for Thanksgiving Holiday**

**December: OUMC Missions—Angel Tree**

**E-mail with information to be sent out soon.**

# Holiday Season Activities and COVID-19 Risk



## Lower Risk Activities:

- Small dinner with family and friends who live in your household
- Virtual dinner with family and friends

## Moderate Risk Activities:

- Small outdoor dinner with family and friends who live in your community

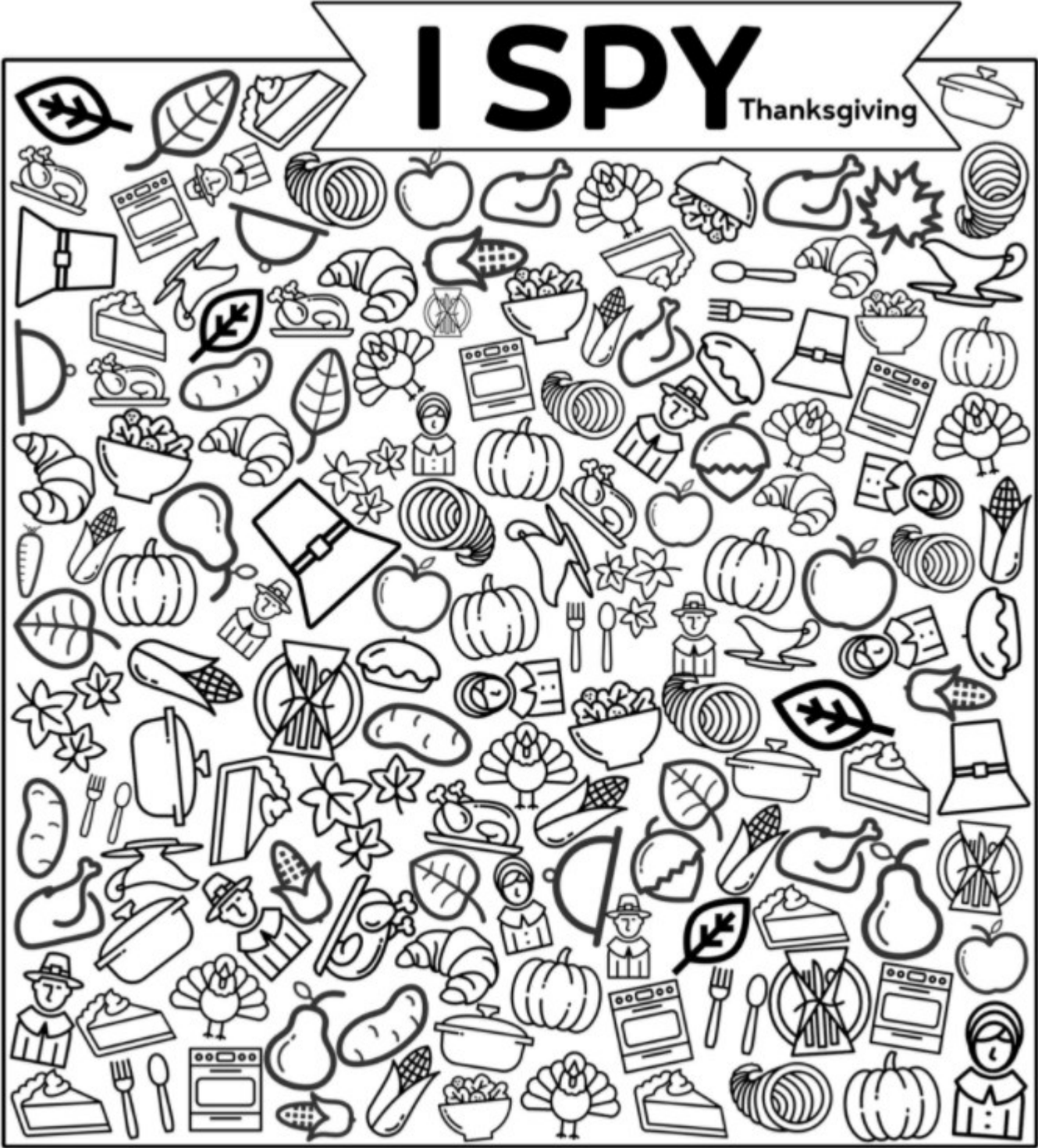
## Higher Risk Activities: *Please Avoid*

- Going shopping in crowded stores before, on, or after Thanksgiving
- Large indoor gatherings with people from outside your household





This Week's Puzzle



- |   |  |   |  |   |  |   |  |   |  |   |  |   |  |   |  |   |  |   |  |
|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|---|--|
| 2 |  | 4 |  | 4 |  | 5 |  | 4 |  | 5 |  | 7 |  | 4 |  | 6 |  | 5 |  |
| 1 |  | 6 |  | 7 |  | 1 |  | 3 |  | 6 |  | 7 |  | 4 |  | 7 |  | 5 |  |
| 3 |  | 3 |  | 4 |  | 6 |  | 2 |  | 7 |  | 5 |  | 9 |  | 6 |  | 3 |  |



# Clothes To Kids

**CLOTHING? YES PLEASE!**



@clothestokids  
www.clothestokids.org

## WHAT DO WE NEED?

- Kids clothes (Sizes 4 - 16)
- Adult size clothes (think pre-teens & teens)
  - Young women - sizes 0 to 22
  - Young men - sizes 18 to 46
- **New** underwear and socks
- Shoes: Children's size 9 to adult
- Bras, belts, purses, hats, jewelry, backpacks

## WHAT DO WE ESPECIALLY LOVE?

- Shoes
- Girls clothes
  - tops - sizes S to XL
  - bottoms - sizes 6 to 16
- Boys clothes
  - tops - size S to XL
  - bottoms - size 6 to 16
- Young womens pants - size 13 to 22
- Young mens clothes
  - tops - size S to XL
  - bottoms - size 18 to 46

## WHAT WE DO NOT NEED . . .

- Used underwear and socks
- Athletic uniforms or equipment
- Toys or books
- Used pajamas or swimsuits
- Excessively worn clothing
- Baby/toddler clothing
- Hangers

## WHERE TO BRING?

**Clearwater Store**  
1059 N Hercules Ave  
Clearwater, FL 33765  
727-441-5050

**St. Pete Store**  
2168 34th Street S  
St. Pete, FL 33765  
727-441-5050

**Tampa Store**  
5011-H W Hillsborough Ave  
Tampa, FL 33634  
813-616-6430







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