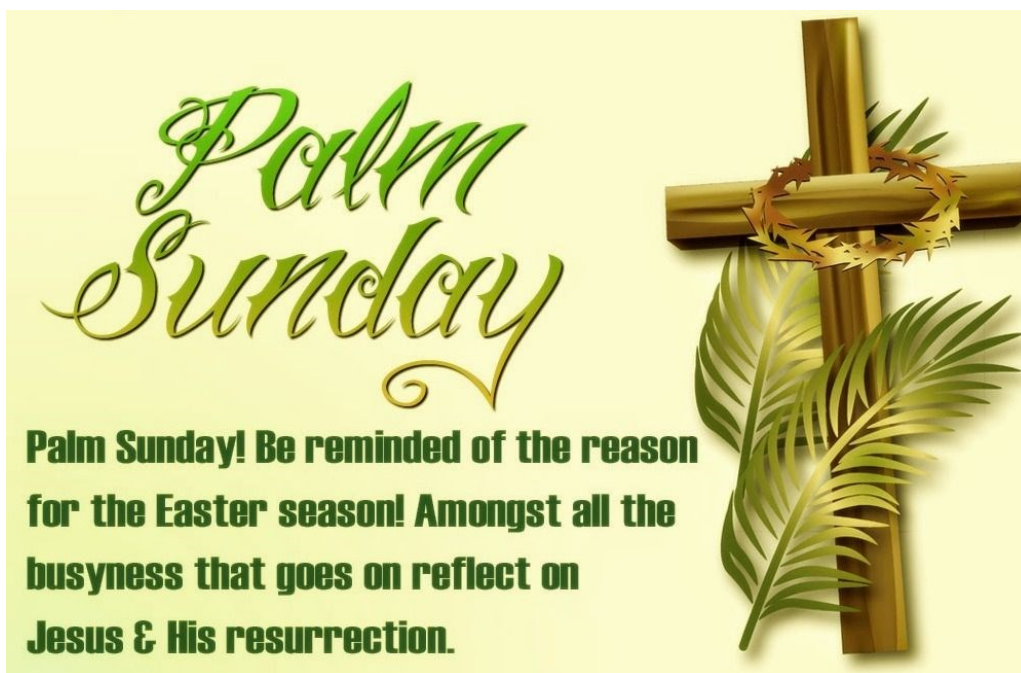


F.H. & L.

Faith, Hope and Love, and the Greatest of These is Love

A Mini-Newsletter From Your Family at Oakhurst United Methodist Church



OAKHURST UNITED METHODIST CHURCH

13400 Park Blvd., Seminole, FL 33776
www.oakhurstumc.com

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Office Hours: Monday—Friday
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LOVING GOD, LOVING OTHERS, LOVING LIFE

**Our Mission is to make disciples, nurture disciples,
and spread the Kingdom of Christ.**

Rev. Dr. Tim Ehrlich, Co-Pastor
twehrlich@aol.com

Rev. Nathan Carlson, Co-Pastor
ncarlson@oakhurstumc.com



**Sunday, March 28, 2021
8:30am and 10:00am Services**

What is Palm Sunday and why is it celebrated?

Palm Sunday is the first day of Holy Week, a seven-day span that culminates the day before [Easter Sunday](#). The feast commemorates Jesus' triumphant arrival in the city of Jerusalem for Passover, where he was greeted by a crowd of people laying palm branches at his feet. According to [Christianity.com](#), his welcomers hoped that Jesus would overthrow the Roman government in Jerusalem. They shouted, "Hosanna to the Son of David," "Blessed is He who comes in the name of the Lord," "Blessed is the king of Israel," and other words of praise. GH

Saturday, March 27 from 10:00—4:00 p.m.

Walk Worthy! A Prayer Walk at Oakhurst UMC

HOLY WEEK

Maundy Thursday, April 1st — 7:00pm Service

Good Friday, April 2nd — 2:45pm Service

Easter Sunday, April 4th — 7:30am, 8:30am and 10:00am Services



April 1 is named FOOL'S DAY,

after Steve April. He was born on 1st April 1579. He did 105 businesses in his lifetime. He lost all his father's assets, and so everyone started calling him father of the fools.

At 19, he married a 61-year-old woman who divorced him after a year because of his foolishness. He used to read all kinds of fake stories like you are doing now.

April Fool's Day Hoaxes

April 1, 1996: The Taco Bell Corporation took out a full-page ad that appeared in six major newspapers announcing it had bought the Liberty Bell and was renaming it the Taco Liberty Bell. Hundreds of outraged citizens called the National Historic Park in Philadelphia where the bell was housed to express their anger. Their nerves were only calmed when Taco Bell revealed, a few hours later, that it was all a practical joke. The best line of the day came when White House press secretary Mike McCurry was asked about the sale. Thinking on his feet, he responded that the Lincoln Memorial had also been sold. It would now be known, he said, as the Ford Lincoln Mercury Memorial.



April 1, 1989: Seattle's "Almost Live" comedy show started their program with a news flash: the Seattle Space Needle had collapsed. A reporter presented the news, and then several shots of the Space Needle lying on its side in a pile of rubble were shown. The show's host, John Keister, appeared after a commercial break and assured viewers the announcement had only been a joke. Nevertheless, thousands of people were fooled. Staff at the Space Needle reported receiving over 700 calls from concerned viewers, and 911 lines jammed from the sudden rush of calls from people seeking more information. The false report remains infamous in Seattle to this day.

WEEKLY PUZZLE



HEALTHY EATING PLATE

Use healthy oils (like olive and canola oil) for cooking, on salad, and at the table. Limit butter. Avoid trans fat.



The more veggies – and the greater the variety – the better. Potatoes and French fries don't count.

Eat plenty of fruits of all colors.



STAY ACTIVE!

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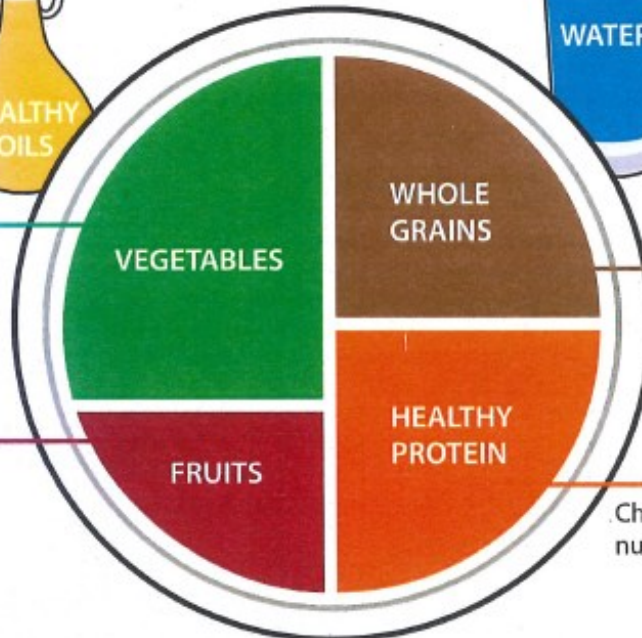
Harvard T.H. Chan School of Public Health
The Nutrition Source
www.hsph.harvard.edu/nutritionsource



Drink water, tea, or coffee (with little or no sugar). Limit milk/dairy (1-2 servings/day) and juice (1 small glass/day). Avoid sugary drinks.

Eat a variety of whole grains (like whole-wheat bread, whole-grain pasta, and brown rice). Limit refined grains (like white rice and white bread).

Choose fish, poultry, beans, and nuts; limit red meat and cheese; avoid bacon, cold cuts, and other processed meats.



ANSWER →





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