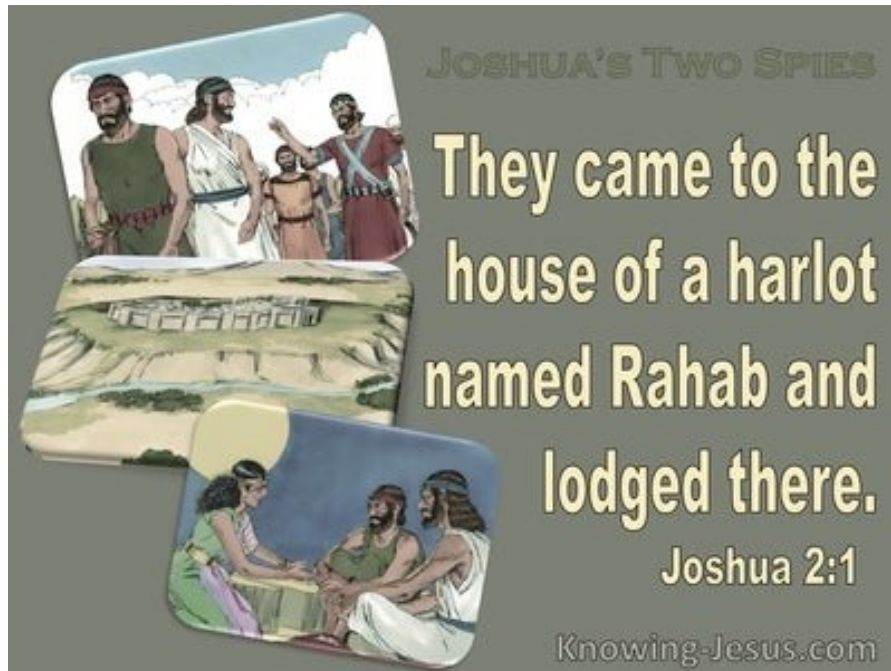


F.H. & L.

Faith, Hope and Love, and the Greatest of These is Love

A Mini-Newsletter From Your Family at Oakhurst United Methodist Church



OAKHURST UNITED METHODIST CHURCH

13400 Park Blvd., Seminole, FL 33776
www.oakhurstumc.com

727-391-4769
Find us on Facebook

Office Hours: Monday—Friday
9:00 a.m. to 3:00 p.m.

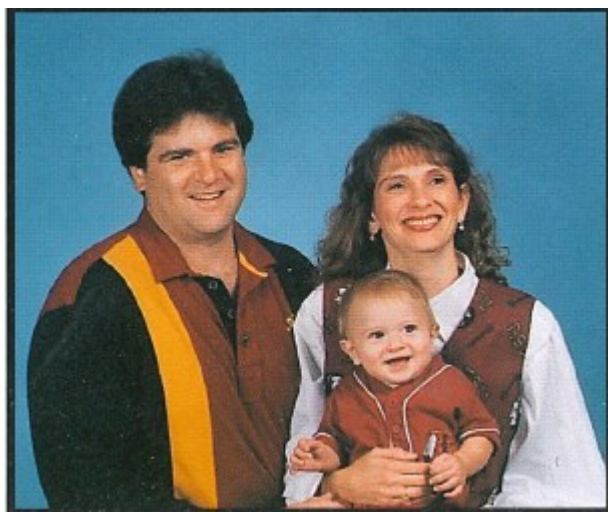
Rev. Nathan W. Carlson, Senior Pastor
ncarlson@oakhurstumc.com

Our Mission is to make disciples, nurture disciples,
and spread the Kingdom of Christ.

Happy Anniversary—30 Years at Oakhurst UMC
08/19/1991—08/19/2021



Music



1997

Dan, Jackie and Curtis



2020

Dan, Jackie , Curtis and Cassidy

A Message From: Rick Jacobson, Interpreter of Connectional Giving

Greetings and Blessings to our Congregation! Our apportionment funding actual income continues to exceed the projected income amount as of the end of July. Praise God!

We are still on track to pay 13 of 13 apportionment funds at 100% for fiscal year 2021!

Keep spreading this good news! Pledging for 2022 is only 3 months away. We are a connectional church joined with every other UMC in supporting the missions and ministries of the UMC around our District, Conference and the world!

2021 Oakhurst UMC Apportionment Payment Goals... (100% = \$58,339.00)

	% Goal Paid	\$ Goal Total	Actual Paid %	Act Pd/July	Act Pd 2021 Total
July	58.34%	\$ 34,032.	65.79%	\$ 4,613.00	\$ 38,377.39

Remaining amount to be Paid for 2021 = \$ 19,961.61

Remaining income to be received from pledges = \$7,360.00

Remaining amount needed from Operating Budget at \$3200/month = \$12,601.61

Extra apportionment income received through end of July 2021 (above the pledged amount):

Pancake Supper profit = \$1,300.

Missions Committee Donation of \$36 to pay the International Cooperative Fund

Extra individual income from non-pledged donations= January, \$800.00; February, \$980.00; March, \$508.39; April, \$615.00, May/June, \$430.00; July, \$298.00. Total - \$3,631.39

Apportionment funds paid so far (\$38,377.39); 6 of 13 funds paid at 100%:

Clergy Support (Required) = \$6741.00 (100%)

Episcopal Fund (Required) = \$3377.00 (100%)

General Administration Fund = \$1,036.00 (100%)

Gulf Central District Work Fund = \$10,111.00 (100%)

Interdenominational Cooperation Fund = \$36.00 (100%)

Black College Fund = \$483.39 (39.7% Paid)

Conference Services and Administration Fund = \$5,405.00 (100%)

Conference Benevolences Fund = \$11,188.00 (68.09% Paid)

A Message From: Margaret Strickland

TIPS FOR A GOOD NIGHT'S SLEEP

PRACTICE HEALTHY HABITS DURING THE DAY:

- Go to bed and wake up at the same time each day.
- Try to get at least 30 minutes of sunlight.
- Exercise regularly, but not within 2-3 hours before bedtime.
- Don't take naps after 3 pm.
- Avoid caffeine and nicotine.
- Avoid alcoholic drinks before bed.
- Avoid large meals and drinks late at night.
- Avoid medicines that delay or disrupt your sleep, if possible.

CREATE A GOOD SLEEPING ENVIRONMENT:

- Have a comfortable mattress and pillow.
- Keep the room temperature cool.
- Avoid distractions such as noises, bright lights, clocks, TVs, and computers.

TAKE TIME TO RELAX BEFORE GOING TO BED:

- Read a book or listen to music, and turn off the TV and electronic devices.
- Take a hot bath, which will adjust your body temperature and help you relax.

NOTE: If you are awake for more than 20 minutes, get up and do something relaxing. If you continue to have trouble sleeping, talk with your doctor.

For more information, visit www.nhlbi.nih.gov/sleep

References: Department of Health and Human Services, National Heart, Lung, and Blood Institute, and The Heart Truth.

Don't Forget!

- ◇ Aug 21—Drop Off Food Drive
- ◇ Aug 23—Start of Adult Improv by Sears Studio
- ◇ Aug 25—Baby Basic's Diaper Distribution
- ◇ Aug 29—Children's Home Offering
- ◇ Sept 1—Nachos and News w/Pastor Nathan
- ◇ Sept 5—Flu Shots and Vaccinations
- ◇ Sept 10—UMW Spiritual Enrichment Retreat
- ◇ Sept 19—Back to Church Sunday



NACHOS AND NEWS WITH PASTOR NATHAN

New Time and Location

Wednesday, Sept. 1

6:00—7:30 p.m.

The Fellowship Hall



OUMC Missions is collecting money to help with the Haiti relief.

The money will go to the United Methodist Relief Fund for Haiti.

Please make checks payable to OUMC and note Haiti.

Thank you. Jim Wedlake

Nuts and Bolts of Getting Provisions to Cuba

By Annette Clairry

The last Cuba article described some of the challenges of getting provisions to Cuba. This article will explain how we are currently meeting the challenge.

Tampa Bay area Methodists United in Prayer (MUIP) is a non-profit ministry that connects US churches to UMC churches in Cuba. Oakhurst participates in this cooperative. MUIP helps us look for reliable ways to send things to Cuba in the most efficient time frame. Until recently, the MUIP recommended using CubaPack Envois out of Hialeah, FL to send U.S. dollars. There is a 35% fee (pre-COVID the fee was 10%) to send American money and there are limits on the amount that can be sent based on the total volume of money CubaPack is sending for clients. Just in the last month, MUIP can accept funds from individual churches (earmarked for their sister churches) and send (in volume) to a contact in Canada. The Canadian dollars are changed to US currency and sent to the individual sister churches in Cuba. This process can take 6-8 weeks, but the transaction fee is only 5%. This is how we are sending money now.

We can have medicines to Cuba directly through MUIP. Shipping other supplies - like food, hygiene items, hardware, etc. is trickier and quite expensive. A pound of ground pork, for example, is \$8.00. Provisions are shipped to Cuba from another country, such as Venezuela. supermarket23.com is a possibility. The website is in Spanish. Products available are limited depending on where you are sending too, and the delivery takes at least two weeks.

All this is why sending US dollars, rather than goods, is preferable. US currency can be used in bartering in the "underground market." Pastor can get more goods for the money that way and help more people in need.

Please pray for Cuba. If you want to donate money, make your donation out to Oakhurst UMC with the note Cuba mission. Thank you.

If you want to learn more contact Gary Clairry (gsclairry@gmail.com), Dawn Curtis (jump59@msn.com) or visit Methodists United in Prayer www.cubaministry.org

WEEKLY PUZZLE

	8	9			5	1	4	
3			8	1	7			6
7	1		6		4	3	8	
	4	3	9					
9	7						1	4
					8	7	3	
	9	6	4		2		7	1
4			1	5	9			2
	2	1	7			4	9	



Rev. Nathan Carlson (ncarlson@oakhurstumc.com)

Stephanie Fergenbaum (christiandir@oakhurstumc.com)

Jackie Marschall (musicdir@oakhurstumc.com)

Tammy Pluskat (financesec@oakhurstumc.com)

Leticia (Lety) Cruz (officemgr@oakhurstumc.com)

FIRST TIME GUESTS

Text Hello to 727-732-3550 to
receive info from Oakhurst UMC.

Thank you to our bulletin sponsors.

LET US PLACE YOUR AD HERE.

SLAUGHTER PLUMBING 24 Hour Emergency Service
RESIDENTIAL • COMMERCIAL
727-596-5663
12920 Walsingham Rd. • Largo, FL 33774

LICENSED • BONDED
SENIOR DISCOUNTS
FREE ESTIMATES
Lic. #C95991 • RF11067209

ADT-Monitored Home Security
Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide

ADT Authorized Provider SafeStreets **1-855-225-4251**

**PROTECTING SENIORS NATIONWIDE
MEDICAL ALERT SYSTEM**

\$29.95/MO BILLED QUARTERLY PLUS SPECIAL OFFER

CALL NOW! 1.877.801.7772
WWW.24-7MEDALARM.COM

Call 727-585-2052 anytime. Satisfaction Guaranteed.
MCGILL PLUMBING
Water Heaters • Sewer & Drain Line Clearing Services
Water Treatments • Plumbing Repairs
585-2052
CFC1406506

**WE'RE HIRING
AD SALES EXECUTIVES**

Join our team

- Full Time Position with Benefits
- Sales Experience Preferred
- Paid Training
- Overnight Travel Required
- Expense Reimbursement

CONTACT US AT
careers@4LPI.com
www.4LPI.com/careers

CLEARWATER PLUMBING 727-446-8355 **\$1000 OFF** ANY SERVICE
Lic # CFC033850 Limit One Per Customer Not Valid With Any Other Offer
clearwaterplumbingonline.com

**THIS SPACE IS
AVAILABLE**

SPREAD THE WORD
A Thriving, Vibrant Community Matters

SUPPORT OUR ADVERTISERS

**AVAILABLE
FOR A LIMITED TIME**

**ADVERTISE YOUR
BUSINESS HERE**

Contact **Greg Maurer** to place an ad today!
gmaurer@4LPI.com or (941) 243-3206

**Jim HOBSON
AUTO REPAIR**
Certified Master Automotive Tech. • 40 Years Experience
727-851-9838
9660 Seminole Blvd. STE. B Seminole, Florida 33772

**UPGRADE TO A
VIBRANT ad**
Contact us for details • 800-477-4574

**JACK JOYNER
HEATING AND
AIR CONDITIONING
COMPANY**

727-447-6100
www.jackjoyner.com

**SUPPORT THE ADVERTISERS
THAT SUPPORT OUR COMMUNITY**

6	8	9	3	2	5	1	4	7
3	5	4	8	1	7	9	2	6
7	1	2	6	9	4	3	8	5
2	4	3	9	7	1	6	5	8
9	7	8	5	6	3	2	1	4
1	6	5	2	4	8	7	3	9
8	9	6	4	3	2	5	7	1
4	3	7	1	5	9	8	6	2
5	2	1	7	8	6	4	9	3