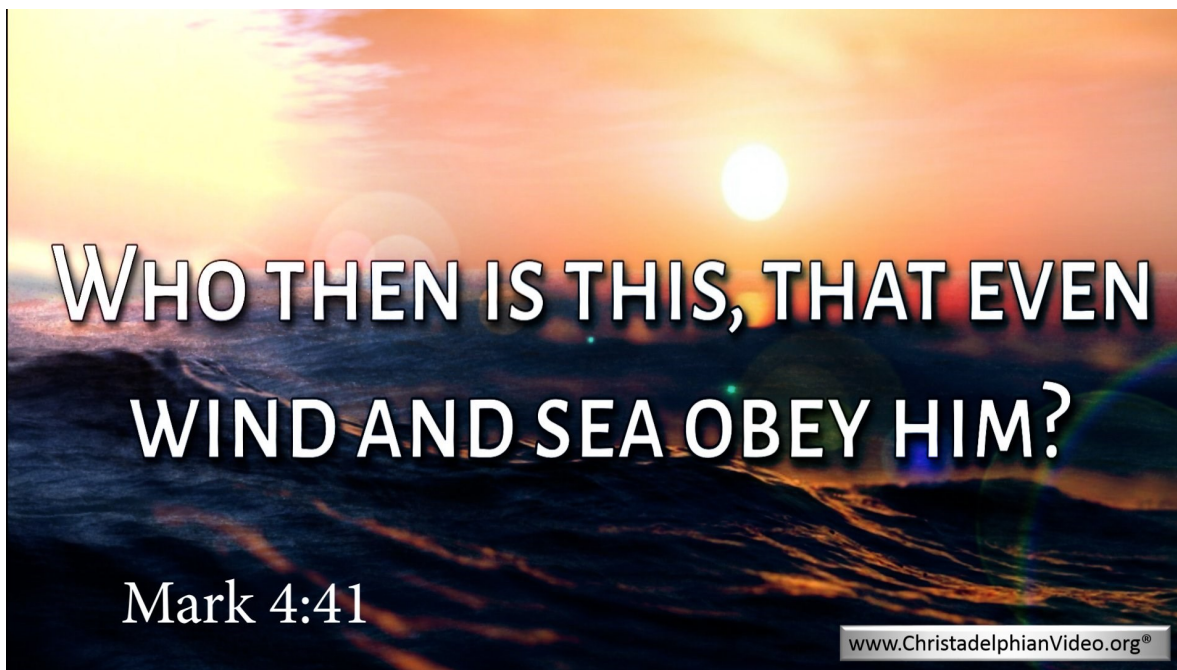


F.H. & L.

Faith, Hope and Love, and the Greatest of These is Love

A Mini-Newsletter From Your Family at Oakhurst United Methodist Church



OAKHURST UNITED METHODIST CHURCH

13400 Park Blvd., Seminole, FL 33776

www.oakhurstumc.com

727-391-4769

Find us on Facebook

Office Hours: Monday—Friday
9:00 a.m. to 3:00 p.m.

Rev. Nathan W. Carlson, Senior Pastor

ncarlson@oakhurstumc.com

**Our Mission is to make disciples, who make disciples,
who transform the World.**

FIRST TIME GUESTS: Text Hello to 727-732-3550 to receive info from Oakhurst UMC.

October 21, 2021

Volume 42

NOT RECEIVING OUR CHURCH E-MAILS: TEAR AND DROP IN OFFERING

NAME: _____

E-MAIL ADDRESS: _____



The Storm on the Sea of Galilee

Painting by Rembrandt

The Storm on the Sea of Galilee is a 1633 oil-on-canvas painting by the Dutch Golden Age painter Rembrandt van Rijn. It was previously in the Isabella Stewart Gardner Museum in Boston but was stolen in 1990 and remains missing. [Wikipedia](#)

Artist: [Rembrandt](#)

Value: \$100 million [wionews.com](#)

Location: [Isabella Stewart Gardner Museum](#) (until 1990)



United
Methodist
Women
FAITH • HOPE • LOVE IN ACTION

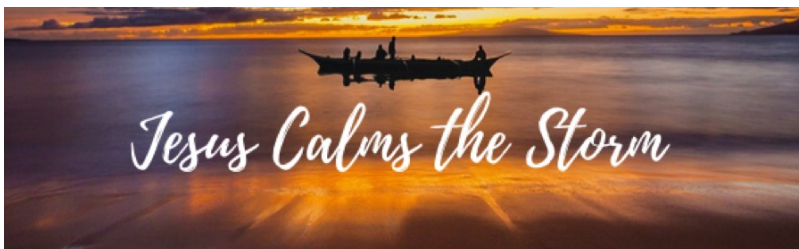
UMW Fall & Christmas Bazaar
Join Us on Saturday and Sunday
October 23: 9:00—2:00 pm
October 24: 9:00—12:30 pm

Location: Oakhurst Fellowship Hall



Oakhurst UMC Mission Spotlight

ANGEL TREE: OUMC provides Christmas Gifts for needy children as identified by local schools. People choose an "Angel" (a child with his/her wishes) and delivers the unwrapped gift to the Church. The Angel Tree coordinator will distribute the gifts prior to Christmas break. More info will be provided as we get closer to the start of this event.



IN FOCUS



The Florida Conference
OF THE UNITED METHODIST CHURCH

Charge Conference 2021

Our charge conference date has been set for November 14 at 4:30pm.

As it was last year, charge conference will be held via zoom this year. The link to register for the charge conference will be made available when we receive it. Pre-registration is required this year. All members of the church are encouraged to attend and are eligible to vote. This is the annual business meeting of the church and your voice and vote matter. Please block off this date and time and make plans to attend.

Post-Traumatic Stress Disorder (PTSD):

PTSD is when stress from a traumatic event does not go away. PTSD can happen when a person feels their safety is threatened and can disrupt a person's mental health, emotions, and relationships

Possible Causes of PTSD



Mass
Violence



Childhood
Trauma



Abuse/Domestic
Violence



Military/Veteran

Common Symptoms



Life-threatening events and the experience of extreme fear associated with those events can cause many behavioral responses including: poor sleep, hyper-vigilance, nightmares, flashbacks, emotional numbing, and trouble concentrating.

When to Get Professional Help



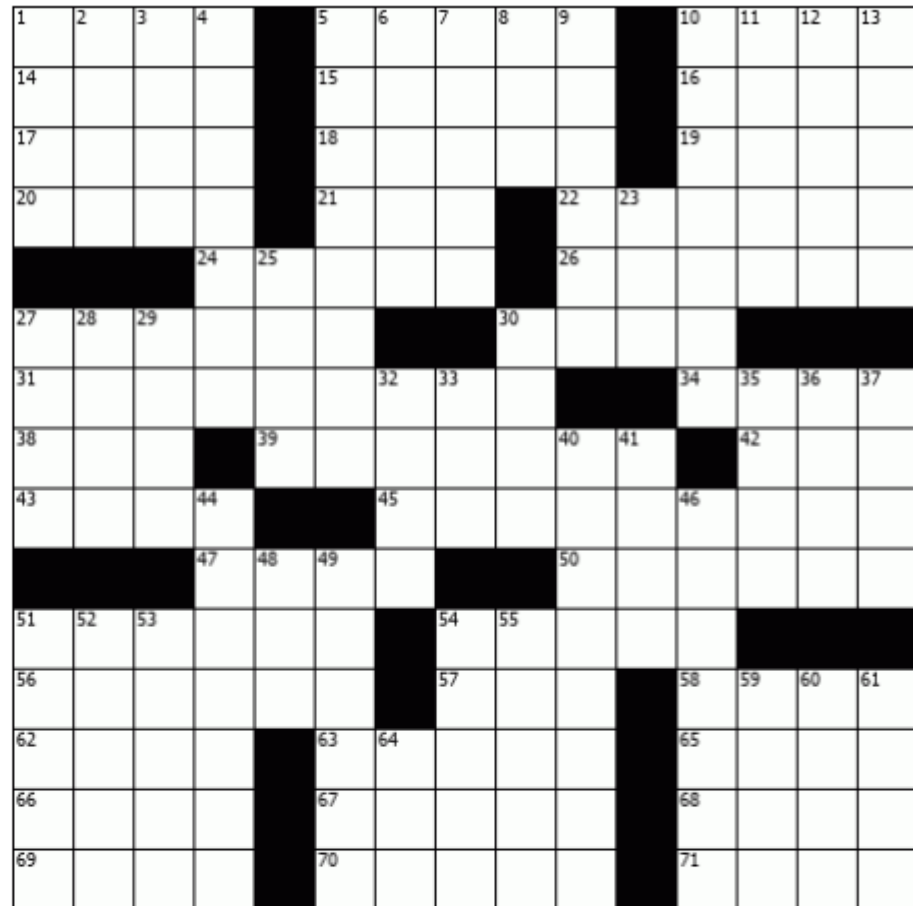
If several months have passed since the traumatic event took place and you continue to experience symptoms of acute stress, it is time to seek professional help. There are scientifically proven methods to treat PTSD. Look for a therapist who has specialized training in the treatment of trauma-related disorders.

If you or a family member needs help, call the Cardinal Innovations Access Line at 1.800.939.5911. This line operates 24 hours a day, 365 days a year.

WEEKLY PUZZLE

Across

1. Milk type
5. Book of maps
10. Elects
14. Letterman's rival
15. Self-respect
16. Poker counter
17. On top of
18. Chinese mammal
19. Roman garment
20. Benefit
21. Citrus drink
22. Nastier
24. Sophia ____
26. Enrages
27. Briny
30. Unfasten
31. Phony
34. Void's partner
38. Dusk, to a poet
39. Stricter
42. Prosecute
43. Walk in water
45. Holiday hunter's prize (2 wds.)
47. Siestas
50. Halts
51. Small restaurant
54. Aroma
56. Facet
57. Deep hole
58. Sunrise location
62. Fox's home
63. Get up
65. Got it! (2 wds.)
66. Of sound mind
67. Starchy veggie (sl.)
68. Fish feature
69. Scored on serve
70. "Aida," for one
71. Foyer



Down

- | | | |
|------------------------|------------------------|-------------------------------|
| 1. Untidy person | 23. Finale | 44. Went in |
| 2. Casino game | 25. Washington bills | 46. Capital of North Carolina |
| 3. Get ____ trouble | 27. Erupt | 48. Circle segment |
| 4. Like a bright night | 28. Length times width | 49. Idaho product |
| 5. Obvious | 29. Give temporarily | 51. Lightweight wood |
| 6. Vocation | 30. Large vases | 52. Singer ____ Hayes |
| 7. Flax product | 32. Inferior grades | 53. Backbone |
| 8. State further | 33. Notable period | 54. Grudge |
| 9. Sailor | 35. Takes advantage of | 55. Tightwad |
| 10. Eight-sided figure | 36. Racing sled | 59. Tibet's locale |
| 11. Call up | 37. Table supports | 60. Peddle |
| 12. Golfer ____ Woods | 40. And so on (2 wds.) | 61. Narrate |
| 13. Practices boxing | 41. Stagger | 64. Musical genre |

Contact Us Via E-mail!

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Tammy Pluskat (financesec@oakhurstumc.com)

Leticia (Lety) Cruz (officemgr@oakhurstumc.com)

Justin Correll (facilities@oakhurstumc.com)

What's Happening at Oakhurst UMC:

- ◇ Oct 23/24—Fall and Christmas Bazaar
- ◇ Oct 27—Baby Basics Diaper Distribution
- ◇ Oct 29—Field of Screams at Seminole Rec Center
- ◇ Oct 31—Children's Home Sunday
- ◇ Oct 31—Coffee with the Pastor
- ◇ Nov 1—All Saints Day

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