

# ***F.H. & L.***

**Faith, Hope and Love, and the Greatest of These is Love**

**A Weekly Newsletter/Bulletin From Your Family at Oakhurst United Methodist Church**



## **OAKHURST UNITED METHODIST CHURCH**

**Worship Hours:**  
**8:30am-Contemporary & 10am-Traditional**

13400 Park Blvd., Seminole, FL 33776  
[www.oakhurstumc.com](http://www.oakhurstumc.com)

727-391-4769  
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Office Hours: Monday—Friday  
9:00 a.m. to 3:00 p.m.

**Rev. Nathan W. Carlson, Senior Pastor**  
**and**  
**Rev. Phil Vestal, Assistant Pastor**

**Our Mission is to make disciples, who make disciples,  
who transform the World.**

**FIRST TIME GUESTS:**  
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# What is Lent and why does it last forty days?



*Lent is a journey of preparation for following the way of Jesus. Photo by Kathleen Barry, United Methodist Communications.*

Lent is a season of forty days, not counting Sundays, which begins on Ash Wednesday and ends on Holy Saturday. Lent comes from the Anglo Saxon word *lencten*, meaning “lengthen” and refers to the lengthening days of spring. The forty days represents the time Jesus spent in the wilderness, enduring the temptation of Satan and preparing to begin his ministry.

Lent is a time of repentance, fasting and preparation for the coming of Easter. It is a time of self-examination and reflection. In the early church, Lent began as a period of fasting and preparation for baptism by new converts and then became a time of penance by all Christians. Today, Christians focus on relationship with God, growing as disciples and extending ourselves, often choosing to give up something or to volunteer and give of ourselves for others.

Sundays in Lent are not counted in the forty days because each Sunday represents a “mini-Easter.” This is why you will see the designation “Sunday in Lent” rather than “Sunday of Lent” in the naming of these Sundays. On each Lord's Day in Lent, while Lenten fasts continue, the reverent spirit of Lent is tempered with joyful anticipation of the Resurrection.

*This content was produced by Ask The UMC, a ministry of United Methodist Communications.*



# UWF Volunteer Thank You BBQ



## WEEKLY PUZZLE

# The Season of Lent

G	A	E	R	W	A	O	S	D	E	R	V	I	I
G	S	S	E	A	R	L	E	N	T	E	O	C	R
O	C	P	F	Y	P	C	L	P	Y	S	L	R	J
O	H	R	L	S	A	E	P	I	H	U	U	E	O
D	R	I	E	O	L	L	I	R	G	R	N	T	U
F	I	N	C	F	M	T	C	S	A	R	T	S	R
R	S	G	T	J	S	A	S	R	A	E	E	A	N
I	T	U	I	E	U	E	I	E	N	C	E	E	E
D	I	N	O	S	N	P	D	N	T	T	R	U	Y
A	A	S	N	U	D	Y	R	T	S	I	N	I	M
Y	N	R	U	S	A	D	E	A	R	O	A	W	S
S	S	Y	A	D	Y	T	R	O	F	N	C	T	Y
E	T	I	T	E	H	F	A	S	T	I	N	G	E
E	C	N	A	T	N	E	P	E	R	W	O	T	R

PALM SUNDAY  
 REPENTANCE  
 MINISTRY  
 LENT  
 RESURRECTION  
 FASTING  
 JOURNEY  
 WAYS OF JESUS  
 EASTER  
 REFLECTION  
 SPRING  
 GOOD FRIDAY  
 CHRISTIANS  
 VOLUNTEER  
 FORTY DAYS  
 DISCIPLES

Play this puzzle online at : <https://thewordsearch.com/puzzle/5311269/>



## Contact Us Via E-Mail

Rev. Nathan Carlson (ncarlson@oakhurstumc.com)

Rev. Phil Vestal (pvestal@oakhurstumc.com)

Jackie Marschall (musicdir@oakhurstumc.com)

Tammy Pluskat (financesec@oakhurstumc.com)

Leticia (Lety) Cruz (officemgr@oakhurstumc.com)

Justin Correll (facilities@oakhurstumc.com)



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